

# Aging in Place

A Division of New York Department of State

#### "Livable" communities for seniors

- Affordable housing
- Walkability
- Transportation choices and access
- Network of health and support
- Services
- Low crime
- Opportunities for civic engagement



#### Where do seniors want to live?

Rural

Suburban

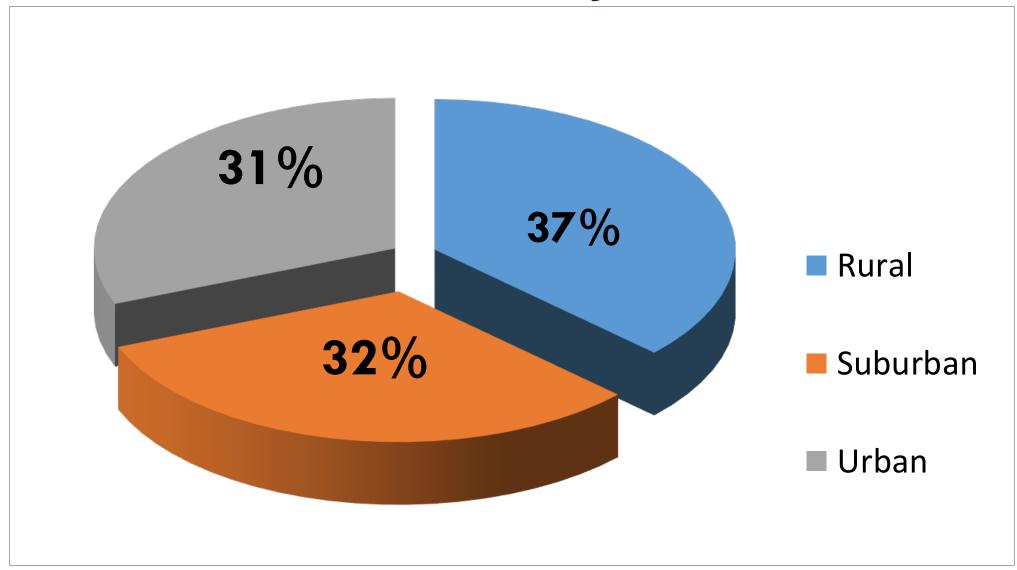
Urban







### Where NY seniors actually live





## Effective planning and zoning results in...



The authority to regulate land use is at the local level.

- Increased housing options
- Increased "Sense of Place"

- Design flexibility
- Innovation



## **Planning tools**

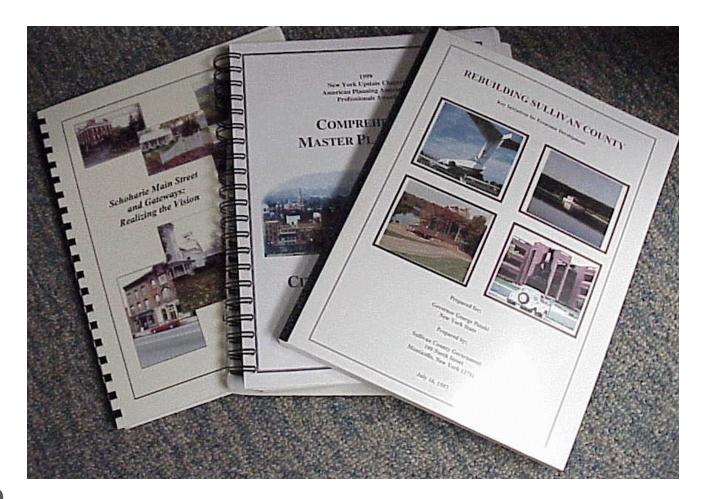


- Comprehensive plan
- Zoning
- Site plan review
- Other planning activities



### The comprehensive plan

- Land use designations
- Demographics
- Regional housing needs
- Housing stock
- Utilities and infrastructure
- Transportation
- Recreational needs
- Economic development
- Emergency and evacuation





### **Zoning authority**

Zoning is adopted at the local government level

 Special zoning districts designated for senior housing are legal, and not exclusionary



### **Zoning impediments**

- Local zoning can impede senior housing alternatives
- Zoning based on the American Dream: single family home



#### What obstructs change?

- Ignorance of the problem
- Inertia
- Local fears



#### Types of zones

#### **DISTRICT OR ZONE**

- Senior Citizen Housing
   District
- Retirement Community
   District
- Golden Age Housing Zone

#### **IMPLEMENT THROUGH**

- Overlay district
- Floating zone



#### Incentive zoning

#### **DEVELOPER BONUSES**

 more generous allowances for density, area, or height

 use or other zoning provisions

#### **COMMUNITY AMENITIES**

- parks
- open space
- low-moderate income housing
- public access to recreation sites
- when amenities not feasible, cash payments



### **Build housing variety into zoning**

- Accessory dwelling units and granny flats
- Elder cottages
- Congregate housing
- Cluster development
- Mixed-use development
- Overlay districts
- Floating zones
- Neo-traditional neighborhoods



### **Accessory Dwelling Units (ADUs)**



Permanent

 In or adjacent to existing home



#### **ADU** considerations

#### Should they be...

- For new, existing homes, or both?
- Attached to the primary residence?
- Given relaxed standards?
- Given real property tax exemptions?
- Given design guidelines or architectural review?





#### More ADU considerations...



- units allowed per lot
- number of occupants
- occupant restrictions
- periodic permit renewals
- illegal ADUs
- home occupations
- utility service connections
- notifying adjacent owners
- periodic or automatic ADU legislation review

## **Elder Cottage Housing Options (ECHOs)**

- Non-permanent
- Removable structures





#### **ECHO** considerations

- Very similar to ADU considerations
- Subject to local zoning requirements
- Allowed as temporary structures?
- When should they be removed?
- Installation and removal fees







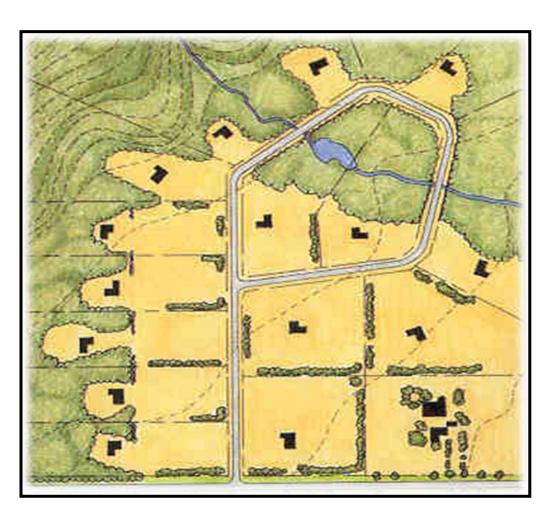
#### Cluster development

- Modifies existing zoning
- Alternative layout and lot configurations

Village Law § 7-738

Town Law § 278

General City Law § 37



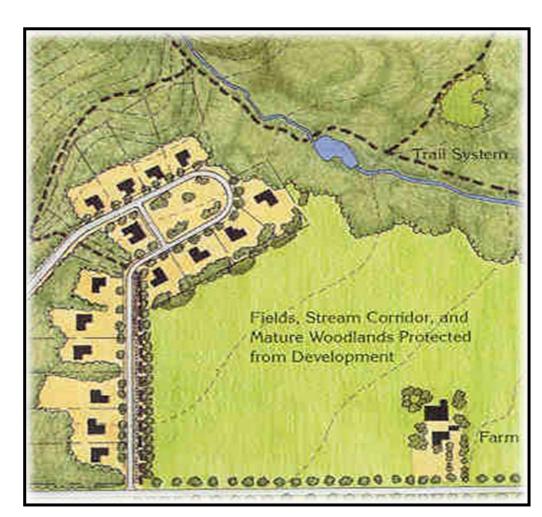
Traditional layout



### Cluster development

- Preserves open land, scenic qualities, natural features
- Uses less infrastructure

- Uses sidewalks, porches, treed streets, narrow setbacks
- Encourages a social living environment



Clustered layout



#### Mixed-use development

Pedestrian-connected housing options for seniors:

- Live
- Work
- Shop
- Play





### Neo-traditional neighborhoods

- Pedestrian oriented
- Housing for all ages, abilities, incomes
- Sidewalks, porches
- Public transit access
- Narrow, treed streets
- Rear garages, parking
- Green technologies





#### Site plan review

- Promote development patterns and senior design features
- Promote Universal Design/ Accessible Building Standards
- ADU setbacks
- Emergency vehicle access
- Parking requirements
- Architectural review
- Street design standards
- Sidewalk design standards



#### Senior street design standards

#### Incorporate:

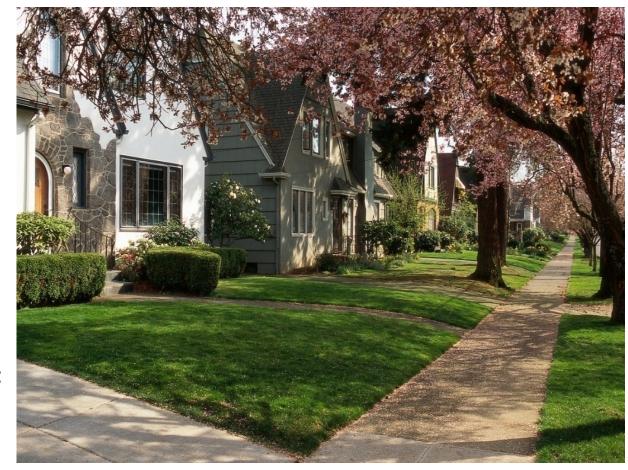
- Grid style streets
- Narrow, shorter streets
- Traffic calming devices
- Native landscaping





### Senior sidewalk design standards

- Uniform widths and surfaces
- Uniform distance between pedestrian and vehicular traffic
- Crosswalks should be frequent, barrier free, visible, with enough crossing time
- Street trees, furniture, lights, traffic signal poles, signs and parking meters





### **Transportation planning**

#### **Safety First**

- Senior drivers
  - Keep elderly safe: driving skills refresher course
  - Keep others safe
- Senior pedestrians
  - Improve accessibility, safety and perceptions

#### **Options, Not Isolation**

- Public Transportation
- Family/Friends
- Community Organizations



## **Complete Streets**

NY Laws of 2011, Chapter 398 Effective: 2/15/2012



#### **Design features**

- Sidewalks, crosswalks, raised crosswalks and ramps
- Share the road signage, traffic calming measures
- Paved shoulders suitable for bicyclists
- Lane striping, bicycle lanes
- Pedestrian control signalization
- Road diets, bump outs, curb cuts

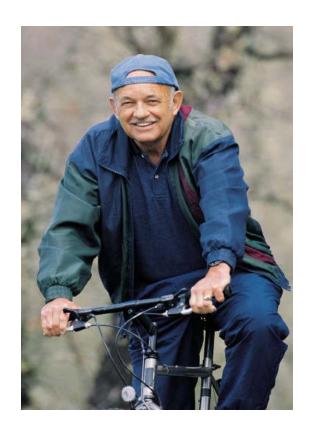




#### Complete Streets for complete life

Not just for seniors...safety is for all ages and abilities

Reduce fatalities and injuries by improving safety for pedestrians, cyclists, and drivers of all ages and abilities









### Fostering "Aging in Place"

- Create a Livable Community for all ages, abilities, and incomes
- Give leaders a customized toolbox of housing/land use tools
- Collaborative partnerships from many disciplines and agencies
- Plan ahead build local leadership
- Housing options
- Home safety issues: inside and outside
- Others, outside planning discipline
- Economic security and opportunities
- Improved health care
- Delivery of support services



#### Resources for more information

- Guide to Planning and Zoning Laws of New York State, James A. Coon Technical Series, New York
  Department of State. Available at <a href="http://www.dos.state.ny.us/lgss/pdfs/2007-guide-planning-zoninglaws.pdf">http://www.dos.state.ny.us/lgss/pdfs/2007-guide-planning-zoninglaws.pdf</a>
- "New Towns in Rural Areas: Saving Rural Space with Smart Growth," On Common Ground,
   National Association of Realtors, Winter 2006, <a href="https://www.realtor.org">www.realtor.org</a>
- "A Blueprint for Action: Developing a Livable Community for All Ages," MetLife Foundation, Partners for Livable Communities, May 2007
- "Innovations for Seniors: Public and Community Transit Services Respond to Special Needs," The Beverly Foundation, <a href="www.beverlyfoundation.org">www.beverlyfoundation.org</a>
- "Pedestrian- and Transit-Friendly Design: A Primer for Smart Growth," Prepared for the Florida
   Department of Transportation, American Planning Association, 1996,

   <a href="https://www.epa.gov/smartgrowth/pdf/ptfd\_primer.pdf">www.epa.gov/smartgrowth/pdf/ptfd\_primer.pdf</a> or <a href="https://www.walkinginfo.org/library/details.cfm?id=4360">www.epa.gov/smartgrowth/pdf/ptfd\_primer.pdf</a> or <a href="https://www.walkinginfo.org/library/details.cfm?id=4360">www.epa.gov/smartgrowth/pdf/ptfd\_primer.pdf</a> or <a href="https://www.walkinginfo.org/library/details.cfm?id=4360">www.walkinginfo.org/library/details.cfm?id=4360</a>



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